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THE HARVARD CLUB of SOUTHERN CALIFORNIA

WWW.HARVARDSOCAL.ORG

(310) 546-5252

September 2021

Upcoming Events

Anti-Racism 101 for Parents

WED, SEP 21 @ 5:30PM

Virtual Event

No charge - RSVP required

Unity Weekend: Celebrating Harvard Alumni of Color Conference

THU, SEP 23 thru SAT, SEP 25

Virtual Event

No charge - RSVP required

Harvard Recent Grads Networking Night

THU, SEP 30 @ 4:30PM

Virtual Event

No charge - RSVP required

The Climate Boot Camp - Five Session Series

TUE, OCT 14 @ 5:00PM PT (Session 1)

Virtual Event

No charge - RSVP required

The Enigmatist and Special Post-Show Conversation with Magician David Kwong '02

THU, OCT 21 @ 8:00PM

Geffen Playhouse

Tickets range from \$75 - \$150



HCSC Alumni Network Mentors Harvard Senior to Write Peer-Reviewed Publication

by Eva Plaza '80

A COVID-year Harvard alumni collaboration in Southern California has led to a published article in a peer-reviewed journal. In 2020, Campbell Dopke '21 reached out to the Club for a mentorship opportunity during her COVID "furlough" year. Ethel Seminario-Laczko EdM '84 then connected Campbell with John McHugh, MD '94. After putting in tremendous academic research and hard work under John's mentorship, she was rewarded with the publication of her first academic publication in a peer-reviewed journal. The article is entitled, "What the World Needs Now: Lifestyle Medicine for All Women," and was published in the *American Journal of Lifestyle Medicine*.

The abstract of the article states: "Over the last several centuries, economic progress has allowed millions of women to move from rural subsistence agriculture to urban, more economically prosperous lifestyles. This trend is set to continue, even accelerate in the next century. Due to changes in diet, activity, and lifestyle, non-communicable diseases, such as cancer and heart disease, will continue to rise for women globally. At this time, we are uniquely positioned to anticipate this impact and empower women in both the developed and the developing world to learn from what has worked. Choosing the best approaches to nutrition, exercise, sleep, connectedness, substances, and stress can optimize women's health span across the globe." Campbell and John's work will be presented this October at FIGO, the premier international meeting on global women's health.

Recent [Virtual] Events

A Red Line in the Sand Author Lecture

On July 29, the Club hosted national security journalist David Andelman '66 for a virtual evening lecture and Q&A session. David is a veteran CBS and *New York Times* correspondence and CNN columnist. David discussed his new book, *A Red Line in the Sand: Diplomacy, Strategy, and the History of Wars That Might Still Happen*. David's lecture focused on understanding military, political, and diplomatic crises around the globe through the lens of "red lines" at historical turning points between war and diplomacy. Patric M. Verrone '81 moderated the event, which was attended by Harvard alumni from Southern California and beyond.



Inaugural Harvard Southern California Pitch Competition

On August 11, Harvard Alumni Entrepreneurs of Southern California and HBS Alumni Angels Association of Southern California held their first-ever pitch competition. The competition was open to companies headquartered in Southern California that had at least one founder who graduated from a Harvard degree program. The finalists for the pitch competition were Demi Health, Inc., Itin-ease, KOOX, Struct Club, and Wayfarer Journey. Struct Club was overall winner and Wayfarer Journey was the runner-up. The audience favorite was a tie between those two.



Radcliffe Institute Summer Book Talk Series

During the month of July, the Harvard Radcliffe Institute sponsored a summer series of virtual Radcliffe Book Talks. First, on July 13, Clint Smith, staff writer for *The Atlantic*, discussed his book, *How the Word Is Passed: A Reckoning with the History of Slavery Across America*. On July 20, Harvard professor Tiya Miles discussed her new book *All That She Carried: The Journey of Ashley's Sack, a Black Family Keepsake*. On July 27, Harvard professor Daniel Carpenter discussed his book *Democracy by Petition: Popular Politics in Transformation, 1790-1870*. Each event featured a discussion of the book by the author, followed by a public Q&A.



Welcome to New Members...

The Harvard Club of Southern California welcomes the following new members:

Samantha Anderson ALM '21

Denisen Chatani ALM '21

Steve Chung '01

Anna Maria de la Pena '84

Trevor Ladner '20, EdM '21

Cynthia Lobosky MPA '09

Ana Gabriela Loayza Nolasco
MAR '21

James Martin MAR '13

Yoko Miyasaki MPP '95, SM '95

Alexandros Potamianos SM '91
PhD '95

Vibhu Sinha ALM '21

Melvin Tercan ALB '21

Mason Watson '21

Sienna Williams '21

I-Kung Wu MPH '21

Lisa Zhu MDE '21

Upcoming Events

Anti-Racism 101 for Parents

This incredible panel will kick-off a series of panel discussions focused on anti-racism for parents. This initial event will grapple with questions, such as: How do you talk to your kids about racism? How do you support your kids with their own racial identity development? How do you encourage your kids to become anti-racist?

WED, SEP 22 @ 5:30PM PT

No charge, registration required

Madeleine Mejia, madeleine_mejia@post.harvard.edu; Andy Riemer, Andy@sideporch.co, or John Luna, John.Luna@gmail.com



Unity Weekend: Celebrating Harvard Alumni of Color Conference

Join us for Harvard's inaugural Unity Weekend: a three-day virtual event led by, and in celebration of, alumni of color.

THU, SEP 23, 2021 thru SAT, SEP 25, 2021

No charge, registration required

Harvard Alumni Association, haa_unityweekend@harvard.edu



**CELEBRATING
HARVARD ALUMNI
OF COLOR**

Harvard Recent Grads Networking Night

Come join the Harvard Club of Southern California's Recent Graduate Committee for a night of mingling and get-to-know-yous! This is a quarterly event. Breakout rooms may or may not be in session. Bring your beautiful smile! We cannot wait to see you.

THU, SEP 30, 2021 @ 4:30PM PT

No charge, registration required

Edward Chen, echen@veulion.com, Brittany Wang, brittlynnwang@gmail.com



The Enigmatist and Special Post-Show Conversation with Magician David Kwong '02

The Harvard Club of Southern California has reserved a limited number of tickets for a performance at the Audrey Skirball Kenis Theater at the Geffen Playhouse, and David will be joining us for a post-performance discussion. This event is sure to sell out, so please buy your tickets now. Due to the limited number of tickets, there is a two-ticket max per person.

THU, OCT 21 @ 8:00PM

Geffen Playhouse

VIP Premium Table: \$140 members/\$150 non-members; VIP Table: \$120/\$130; Standard Seating: \$75/\$85

John Luna, john.luna@gmail.com



Q&A from 02138:

Indu Pandey '22



Indu Pandey '22 was born in Pasadena, CA and graduated from Harvard-Westlake School. She was a debate team captain where she was ranked #2 in Lincoln-Douglas Debate. She also wrote her school newspaper's, The Chronicle, first satire column. Concentrating in government, she is a junior residing in Cabot House. At Harvard, she is the Harvard International Review's Editor-in-Chief. She also volunteers with the Small Claims Advisory Service and participates in the Harvard Public Opinion Project. The previous summer she worked as an intern with the Leadership Conference on Civil and Human Rights while doing research with the Weatherhead Center for International Affairs.

HCSC: What surprised you about being a student at Harvard?

IP: I was surprised by the diversity of interests, skill sets, personality, and backgrounds of everyone! One of my blockmates is an amazing golfer from South Africa, another is a former beauty pageant extraordinaire who is a CS pro, another is from a tiny town in Nebraska; I could go on, but Harvard students are so interesting! My favorite part of being on campus is definitely being able to meet so many new and extraordinary people.

HCSC: When was the first time you visited Harvard and what were your impressions at that time?

IP: The pictures don't do it justice; Harvard is way prettier in person! I visited for the first time going to Visitas in 2018. I actually had never been to Boston before then. I was pretty blown away with the architecture and the atmosphere. It's also harder to navigate around Harvard than I expected. Everyone told me that the campus is small, but that definitely didn't stop me from getting very lost. I'm a walking Harvard map now though; don't worry!

HCSC: What was your favorite class (or professor) and why?

IP: My favorite class has been Ethics and War with Professor Stephen Rosen. A close second has to be a class I'm taking this semester: Privacy and Technology with Professor Jim Waldo. Both classes challenged me to think about really salient issues (war crimes, surveillance, etc.) from a different perspective and used really innovative teaching strategies like live debates.

HCSC: What has been your funniest moment at Harvard?

IP: All of my funniest moments at Harvard have definitely been with my blockmates. I have a blocking group of 8 and we all live together, so it can get pretty chaotic! We basically have a debrief of the day in our common room every night, so those are always fun. We had a pretty intense Just Dance tournament and a March Madness bracket competition last year. I'm looking for vindication this year, so I'm hoping for March Madness to happen this year. We get a free dinner if we win, so the stakes are pretty high.

HCSC: If you were President of Harvard, what would change?

IP: I do think Harvard can be doing a better job with diversity, equity, and inclusion, like most institutions. Creation of an ethnic studies department, having more women and people of color professors, reforming sexual harassment policy, and equitable pay and benefits for teaching staff and other Harvard staff all seem like good places to start. Of course, that's a non-exhaustive list, but I do think the whole institution would benefit from those changes.

HCSC: What do you miss most about Southern California (other than the weather and family)?

IP: I'm an LA girl at heart! My friends always make fun of me about it, but I really do love LA. It's a beautiful city with so much diversity. I feel like I constantly discover new things about the city. And, of course, you have an instant connection with other Angelinos you meet at Harvard or elsewhere.

HCSC: How do you think Southern California will figure into your future after Harvard?

IP: My whole family lives in Southern California, so I'll definitely be visiting them here, which is great because I don't even need an excuse to visit whenever I want!

HCSC: How did you manage the transition to virtual classes?

IP: The transition was a bit abrupt at first, especially in the spring semester. I do think that a lot of courses made a really good effort to keep their classes engaging for the fall semester. I think the biggest thing that helped me was maintaining a consistent schedule and making a truly absurd number of to-do lists. It's actually been more difficult to keep clubs like the Harvard International Review, for which I'm the Editor-in-Chief with my friend Paul Apostolicas '22, running than it has to keep on top of virtual classes.

HCSC: How did you spend fall semester?

IP: I did the semester remotely from my home in Pasadena. I actually haven't been home for this long since I was 14 as I used to travel at least twice a month. It's been an interesting experience (and a lot warmer than I'm used to now!) I'm certainly hoping I get to return to campus when it's safe and feasible to do so. However, I've been able to stay connected with my friends through Zoom, FaceTime, text, etc. I hope I get to see them soon!

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CLUB NEWSLETTER/ WEBSITE

Terry Nathan
(310) 546-5252
email: HarvardSoCal@gmail.com

This newsletter accepts items for publication. Materials must be submitted by the 12th of the prior month to appear in the following newsletter. Please include a phone number or email address with all submissions. Email submissions to: HarvardSoCal@gmail.com.

Harvard Club of Southern California
1020 Manhattan Beach Blvd, Suite 204
Manhattan Beach, CA 90266



THE HARVARD CLUB
of SOUTHERN CALIFORNIA

1020 Manhattan Beach Blvd., #204
Manhattan Beach, CA 90266

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Calendar of Upcoming Events

For more information on events and general club news, visit the club website at www.harvardsocal.org.

DATE/TIME	EVENT	LOCATION	COST
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Thu, Oct 14 5:00PM (Sess. 1)	The Climate Boot Camp - Five Session Series	Virtual Event Online via Zoom	No charge, RSVP required
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